

By becoming a Friend and making a regular donation, monthly, quarterly or annually, you will enable the CMA to plan for the future. Your regular donation will really make a big difference to those affected by the heart muscle disease cardiomyopathy.

Thank you

Your Standing Order

- ♥ Will directly help those families affected by cardiomyopathy
- ♥ Helps the CMA secure future services for its families
- ♥ Reduces admin costs so more of your money goes directly to help families
- ♥ Is an effortless way for you to set up a monthly, quarterly or annual donation
- ♥ Can easily be amended

Friends Scheme



Are you a UK Taxpayer?

I would like to Gift Aid this donation as well as all donations made from April 6th, 2003 and until further notice. (please tick box)
Date _____



To qualify for Gift Aid, what you pay in UK income tax or capital gains tax must at least equal the amount the CMA will claim in the tax year.

- I am not a UK taxpayer (please tick box)
- Please tick here if you do not require an acknowledgement for your gift
- Please send me details on how a gift in my Will can help the work of the Cardiomyopathy Association
- I would like to find out more about Tribute Funds

All personal information given to the Cardiomyopathy Association will only be held and used with care and in accordance with the Data Protection Act 1998. We do not share our mailing lists with other organisations. If you would prefer not to receive literature from the CMA, please tick the box below.

I do not wish to receive CMA News or other mailings

Please return to: Fundraising, **Cardiomyopathy Association**, Unit 10, Chiltern Court, Asheridge Road, Chesham, Bucks, HP5 2PX
Fundraising line **01494 797196** email **info@cardiomyopathy.org**

www.cardiomyopathy.org

Registered charity no 803262

“When I was first diagnosed it felt like my world had crashed down. I was confused and scared. I needed help and the CMA provided that help. They gave me lots of advice and they encouraged me to regain my independence and live my life.”



Danny Jackson
diagnosed age 13

“The CMA has been an invaluable source of advice, support and encouragement when I needed it most. When I am feeling anxious about my condition it is good to know that the CMA is only a phone call away.”



Grace Evans
diagnosed age 59

“I am a proud supporter of the Cardiomyopathy Association. It's the only charity dedicated to helping families affected by the inherited heart muscle disease cardiomyopathy.

I've become a member of the charity's Friends Scheme to help the charity do more for the estimated 200,000 people affected in the UK.”

Gabby Logan
Patron



Registered charity no 803262

Friends Scheme

The Cardiomyopathy Association's Friends Scheme is for those who want to make regular donations to the charity. They may have a family member or a friend affected by cardiomyopathy or an interest in the charity's work and want to support us. The Cardiomyopathy Association gets no Government funding. So it relies solely on its supporters to fund its vital work.

Can you help make a difference?

By joining the Friends Scheme, you will be one of many like-minded people who believe in what we do and support our work. By being a Friend, you will be regularly updated on our work and hear about opportunities to help us raise money. This money will go directly into providing support and advice for families affected by cardiomyopathy.

What is cardiomyopathy?

Cardiomyopathy is a disease of the heart muscle. It affects people of all ages, including babies. It is often inherited.

It is the number one medical cause of sudden death in the under 35s. As many as one in 500 people are affected but many do not know. If it is diagnosed and treated properly, most affected people can lead long and full lives.

The Cardiomyopathy Association

The Cardiomyopathy Association (CMA) provides information and support to affected families.

We raise awareness of the condition among the public and the medical professions.

We campaign for more heart checks and gene tests for affected families to find those at risk and save lives.

How the CMA helps

- ♥ a free helpline
- ♥ patient literature
- ♥ support groups across the country
- ♥ a network of volunteers who offer one-to-one telephone support
- ♥ information meetings around the UK
- ♥ funding for clinical care, including nurse specialists
- ♥ regional cardiomyopathy clinics with video-conferencing links to cardiomyopathy specialists
- ♥ conferences for the medical and nursing professions
- ♥ serving on a Government board improving services for families with cardiomyopathy

How your support can help

- ♥ **£10** provides three callers with support from the helpline
- ♥ **£25** provides 15 families with a CD-rom on cardiomyopathy
- ♥ **£50** runs the website and message board for a week
- ♥ **£100** funds a specialist nurse for a day

The CMA's work costs over £410,000 a year but we get no Government funding. We rely on the generosity of our supporters' donations and fundraising activities.

Yes, I would like to join the Friends Scheme

BLOCK CAPITALS PLEASE

Title First name Last name
Address
 Post code
Email Tel

I would like to make a regular donation to the **Cardiomyopathy Association**.

*Please complete the **Standing Order** below and optional **Gift Aid** declaration overleaf if you are a UK taxpayer.*

Standing Order Mandate

I enclose my gift of £10 £20 £30

a gift of my choice £ monthly/quarterly/annually

Please make the payments detailed below and debit *my/our account

To: Bank name
Address
 Post code

Bank Sort Code

Please debit *my/our account number

In the name of

For the sum of £ (words)

* Monthly Quarterly Annually *please tick appropriate box*

On the day of (month)

The first payment to be made on

Please credit the **Cardiomyopathy Association**, account number **00003819**, held with **CAF Bank Ltd**, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Bank Sort Code: **40 – 52 – 40**

Signed Date

*On completion, please return to Fundraising, **Cardiomyopathy Association**, Unit 10, Chiltern Court, Asheridge Road, Chesham, Bucks, HP5 2PX.*

*If you would prefer to pay by other means, please contact Fundraising on **01494 797196**.*

Please turn overleaf